

Please fill in the form below so that we can identify you and **delete** you from our customer file. This form will be kept as proof of your deletion request.

Miss -  Mrs -  Mr

Name:

First name:

Email address:

**Verification of your identity?**

To be able to delete your personal data, we need to verify your identity first.

Please attach a copy of your identity card to this request.

**What will happen to your data?**

Your personal data will be deleted within one month from the date of this form, provided that this deletion does not hinder the proper execution of processing operations that are subject to a legal obligation under the law in force in Belgium and the European Union.

Your data will not be deleted from our backups, which are kept for 24 months. Should we need to restore our customer data from one of these backups, your data will be deleted again immediately. Our full privacy policy can be viewed at any time at <https://fitandtrained.com/legal/private-policy.php>.

**EU Regulation 2016/679** gives you the right at any time to access, amend, delete or restrict the processing of your personal data held by us.

By signing this document, you consent to our use of your personal data in the ways described above.

Date:  Signature:

*Please send this completed document to **legal@fitandtrained.be***